



**Cleveland  
School**

## **Citizenship & PSHE Policy**

**Date approved by Cleveland School LGB: 4<sup>th</sup> November 2021**

**Signed: Sue Meaker, Chair of LGB**

**Review Date: November 2023**

## 1. Definition and Aims

Citizenship is 'the state of being a citizen and accepting the responsibilities of it.'

### **Citizenship at Clevedon School aims to give students:**

- The knowledge required for a positive citizen
- The ability to explore issues and develop and share opinions relevant to the communities and world in which they live
- The skills to be able to be active in society, both now, and in their future lives.

### **The wider aims of Citizenship at Clevedon are:**

- Provide a framework in which sensitive discussions can take place
- Provide students with an understanding of British Values, democracy, and the issues faced in their local communities, the UK, Europe, and the wider world.
- Help students develop feelings of self-respect, confidence and empathy; and the skills to be able to make positive informed choices in the future
- Teach students to develop a level of literacy in related topics
- Provide factual knowledge about relevant age-related issues linked to curriculum content
- Signpost students to recommended sources of information
- Encourage students to take part in opportunities of active citizenship within the school community, and beyond
- Encourage students to 'Be Kind, Be Brilliant' in their choices, decisions and lives, in line with Clevedon School's core values and ethos.

PSHE (personal, social, health and economic) education is a planned programme of learning opportunities and experiences that help children and young people grow and develop as individuals and as members of families and social and economic communities.

Specific PSHE content is one element of the Citizenship curriculum at Clevedon School.

### **The aims of PSHE at Clevedon are:**

- Provide a framework in which sensitive discussions can take place
- Provide students with an understanding of positive mental and physical health, and social and economic security.
- Help students develop feelings of self-respect, confidence and empathy; and the skills to be able to make positive informed choices in the future
- Teach students to develop a level of literacy in related topics
- Provide factual knowledge about relevant age-related issues linked to curriculum content
- Signpost students to recommended sources of support
- Encourage students to 'Be Kind, Be Brilliant' in their choices, decisions and lives, in line with Clevedon School's core values and ethos.

## 2. Statutory requirements

Citizenship is a statutory element of the National Curriculum.

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach by law such as relationships and sex education (RSE) under the Children and Social Work act of 2017, in line with the terms set out in relevant statutory guidance. We must teach health education under the same statutory guidance.

This policy also complies with the terms of our funding agreement.

## 3. Content and delivery

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance, however, we also value the importance of the wider issues and content explored in a PSHE and Citizenship Curriculum.

Underpinned by the school values of 'Being Kind, Be Brilliant', and mapped out across our key Principles of Leadership, Citizenship content is covered through an annual planned programme. This is a balance of discrete lesson time, collapsed curriculum opportunities, tutor time assemblies and focus discussions, and an audit of overt citizenship and PSHE content in other curriculum areas.

Opportunities and content is mapped termly against our Principles of Leadership in the following way:

**Term 1** - Aim High

**Term 2** - Pioneering Spirit

**Term 3** - Mindfulness

**Term 4** - Seek Responsibility

**Term 5** - Acquire Knowledge

**Term 6** - Be Positive

Citizenship at Clevedon School includes the content of the National Curriculum for Citizenship and the National Curriculum for PSHE (Personal, Social, Health and Economic Education) including RSE (Relationships and Sex Education). It is specifically designed to cater for the needs of our learners and young citizens and be age-related in its programme of study.

**Citizenship in Years 7 & 8:** Taught primarily in one dedicated timetabled lesson per week arranged in House groups and with each year group taught at the same time. Citizenship is taught by the Heads of House plus a team of key staff.

**Citizenship in Years 9, 10 & 11:** Taught primarily in one dedicated collapsed curriculum lesson each term (a total of 6 lessons over the course of the year). These lessons are pre-published at the start of the year and take place in Option Block lessons.

**Citizenship Across the School:** The knowledge and skills associated with Citizenship are also explored and taught in other areas of the school curriculum. In particular, the Humanities subjects, English and Reading Plus lessons in Years 7-9 which are specifically designed to complement the study of Citizenship and link this with the essential skills and benefits of reading; Religious Studies at KS4; and the Feature Lecture at KS5.

**Content:** Over the course of KS3/4 students will explore the following Citizenship/PSHE/RSE knowledge in various ways through a spiral curriculum linked to the needs of the students and age-appropriate and age-related content.

- Families inc. legal status, rights and responsibilities
- Respectful Relationships inc. Friendships
- Online Relationships and Media inc. Internet Safety
- Being Safe
- Intimate and Sexual Relationships inc. Safer Sex, Contraception, Sexual Health, Pornography and Consent
- Positive Character traits e.g. resilience, honesty, integrity, justice and self-worth
- Identity and body image
- Sexuality and Gender Identity
- Sexual Exploitation, Grooming, Radicalisation and FGM
- Hate Crime & Drugs Awareness (inc. drugs, alcohol and tobacco)
- Mental and Physical Fitness and Wellbeing
- Healthy Eating
- The Impact of Puberty and Changing Adolescent Body
- Health and Prevention and Teenage Cancer
- Basic First Aid
- The UK Law and Democratic systems
- The role of Parliament and Citizens
- Different electoral systems and processes
- Alternative Global forms of government
- The UK relations with Europe, the Commonwealth, the UN and the Wider World
- Human Rights and International Law
- The UN and Global Goals for Sustainable Development
- British Values and Civil Liberties
- Rules, Laws, and the Justice System
- Multi-culturalism and Diversity
- The Role of Volunteering and Active Citizenship
- Financial Knowledge and Confidence inc. budgeting, managing risk, finance for the future, and debt

**External Visitors / Enrichment:** Citizenship/PSHE will include external visitors, enrichment activities and trip opportunities when these benefit the content delivery. All external visitors will be quality assured and necessary checks completed.

**SEND:** Lesson resources are available for the Student Support Team, and the Citizenship/PSHE SLT Lead will communicate with the SENCO to support the needs of individuals regarding sensitive issues and content, with student needs being supported accordingly.

**Training:** All staff are trained on some basic elements of Citizenship/PSHE delivery through annual Safeguarding and Professional Development Training. Staff who teach Citizenship/PSHE key content are required to complete additional in school training provided both in person and recorded. Staff are also

encouraged to complete optional additional RSE training available online, such as via the National College resource Hub. The SLT Lead for Citizenship/PSHE will also continue to keep up to date with training from the Bristol RSE Hub/PSHE Association and Local Authority PSHE Network.

**Assessment and Reporting:** Students engagement in Citizenship lessons will be assessed by teaching staff through an 'Approach to Learning' grade given in the annual report cycles. Student knowledge and understanding of curriculum content in all years will be assessed in lessons, and through end of year content knowledge quizzes. In Years 7 & 8, parents are given the opportunity to meet with Citizenship teachers in annual parents evenings.

#### **4. Roles and responsibilities**

- This Citizenship/PSHE policy has been approved by the governing body, who then hold the headteacher to account for its implementation.
- The headteacher and SLT Lead for Citizenship/PSHE is responsible for ensuring that the curriculum and content covers necessary and beneficial issues for students of Clevedon School, and is taught consistently across the school.
- Staff are responsible for:
  - Delivering Citizenship/PSHE in a balanced and sensitive way
  - Modelling positive attitudes to British Values and positive lifestyles
  - Responding to the needs of individual pupils
  - Completing necessary training as requested by the headteacher/SLT Lead

Staff do not have the right to opt out of teaching Citizenship/PSHE. Staff who have concerns about teaching and aspects of Citizenship/PSHE are encouraged to discuss this with the headteacher / SLT Lead.

The SLT Lead for Citizenship/PSHE is Mrs. Claire Murray.

- Students are expected to fully engage in Citizenship lessons and wider opportunities and, when discussing issues related to Citizenship/PSHE, treat others with respect and sensitivity.

#### **5. Monitoring arrangements**

The delivery of Citizenship/PSHE is monitored by the SLT Lead for Citizenship/PSHE, Mrs. Claire Murray, through:

- The regular reviewing, updating, and quality assuring of lesson resources.
- The training and support of staff teaching Citizenship/PSHE.
- SLT Learning walks during Citizenship lessons / tutor times etc.
- Working closely with colleagues including the Heads of House, and Safeguarding team to review Citizenship/PSHE across the school, student engagement in this, and be aware of issues affecting students at Clevedon School.

#### **6. Links with other policies**

This policy links to the RSE (Relationships and Sex Education) policy.